

# COSMOPOLITAN

4 Things All Guys Crave Hearing p. 74

## HIS G SPOT

Yup, He's Got One Too — and It's Aching to Be Touched. Go Get It, Girl!

**Carmen Electra**  
Shares Her Secrets to Sexy Confidence

His Ex Didn't Do It  
**The Girlfriend Habit That'll Deepen His Love**

**The Hottest Things to Do to a Man**  
(IN 60 SECONDS OR LESS)

**Sexy Hair**  
Fresh Looks You'll Adore

**5 Signs a Guy Is Capable of Rape**

**Dragging Ass Lately?**  
New Energy-Boosting Advice

**PLUS**  
**How to Dress This Summer**

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# Beauty Loot

## Shiny, Happy Hair

This spray does it all: It hydrates, detangles, and keeps color from fading during the day with UV filters. Sunsilk Summer Spritz, \$3.89.

## Damage, Undone!

Oops—got burned on spring break? This cream repairs past sun damage with a strong dose of lycopene. MD Skincare Powerful Sun Protection SPF 45 Sunscreen Cream, \$42.

# Sunblock With Benefits

Some versions have bonus features to firm your body, fend off zits, and even sex up your hair.

## Complexion Perfecter

If you're blotchy, rub on SPF that adjusts to your skin tone to reduce redness and minimize pores. DDF Enhancing Sun Protection SPF 30, \$30.

## Wrinkle Ridder

Upgrade your moisturizer to one with a blend of anti-aging antioxidants that actually increase with the intensity of the sun. Clinique UV Response Face 50 SPF, \$15.50.

## Go-To Gloss

Cool, moisturize, and safeguard your lips from burning at the beach in one swipe. Neutrogena Moisture Shine Lip Soother SPF 20 in Shine, \$6.99.

## Face Shield

Wash up with a cleanser that removes dirt but leaves a layer of SPF 10 protection behind. St. Ives Elements Protective Cleanser, \$6.99.

## Delicate Dab

The green tea and vitamin C in this sunblock help tone up sun-sensitive areas (your neck, décolletage, and hands). Olay Body Age Transform UV Defense Serum, \$8.99.

**PRACTICE  
SAFE  
SUN**

Log on to [cosmopolitan.com/sun](http://cosmopolitan.com/sun) to find out more about our initiative, and stay tuned for additional protection-packed news in August.