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fresh & healthy

Michelle Obama

**Ideas and Inspiration
To Help American
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TUBE TALK

Raise your glass

Gin Blossom. Mandarin Tea. These are some of the unforgettable scents found in Love & Toast hand creams—go-anywhere, recycled aluminum tubes chock-full of yummy ingredients like shea butter, macadamia nut, and olive fruit to quench parched palms. We'll drink to that.

EVEN PEEL

Keep on glowing

We've found the ultimate summer multitasker: Each individually wrapped Alpha Beta Glow pad from Dr. Dennis Gross Skincare is saturated with glycolic and salicylic acid to wipe away sluggish skin while simultaneously warming skin tone with microencapsulated DHA—the active ingredient in self-tanner; \$32 for 20 packets.



COLOR CUES

Playing with polish

Breathe new life into the nail polishes you already own with a swoosh of shimmer. CND Shimmer Effects polishes (in colors that range from copper to gold and violet to ice blue) can be brushed on top of an existing color for mood-ring-like opalescence that catapults manicures from flat to fabulous; \$11 per bottle.



The new FEED 15 pouch comes stuffed with Clarins iconic hand, body, and lip salves—a \$48 value for \$30. You get: nourished skin. You give: 15 nutritious meals to schoolchildren in developing nations through the United Nations World Food Program.



FOOD FOR THOUGHT

Cultured cure

So you weren't diligent with your sunscreen and now you've got a patch of red skin to show for it? Inspired by the age-old custom of applying yogurt to sun-stressed skin, Korres, the Greek skin-care line, created Yoghurt Cooling Gel. It's the first product to harness the live cultures of edible yogurt in a cosmetic product that wears seamlessly underneath moisturizer or makeup; \$38.