

Simplify Your Life! Tips From Moms Of Multiples

HEALTHY KIDS  
HAPPY FAMILIES

# Parents

FASTEST FIXES EVER

## 3 No-Fail Discipline Tricks

### The Sun-Safety Secret You Haven't Heard

### Help Your Marriage Survive Parenthood

IT'S TIME!

Enter Our Cover Contest At [Parents.com](http://Parents.com)

WIN  
\$25,000  
TO SPEND  
ON YOUR  
CHILD

### Create A Cute Room For Baby

Easy Ideas For Non-Crafty Types

### More Pasta, Please!

Better Ways To Serve Their Fave Food



Soak Up **summer!** • 5 Fun Projects For Kids • 10 Best Beaches • 20 Boredom-Busting Toys



Good news for moms: Thanks to the clever new products on the next page, your warm-weather grooming routine just got a whole lot easier.

BY TRACY PEREZ



**1 A BETTER BRONZER** This self-tanner for the face contains ingredients such as soy protein, vitamin D, and alpha hydroxy acid to improve the look of your skin (smaller pores, fewer sun spots). Dr. Dennis Gross SkinCare Alpha Beta Glow Pad, \$32 for 20 towelettes; dgskin.com **2 A LESS TAXING WAXING** All the rage in Europe, roll-on hair removers have made their way stateside. Simply heat up the bottle in the microwave for 15 seconds, then glide the wax over unwanted fuzz. Use the cloth strips that are included to pull it off. Nair Milk & Honey Roll-On Sugar Wax, \$9; drugstore.com **3 PARCHED-PUCKER PREVENTION** This tinted lip balm offers a patented moisturizing technology that promises to make lips look fuller if you use it for seven days straight. Neutrogena Revitalizing Lip Balm SPF 20, \$8; amazon.com **4 POCKET-SIZE SUNSCREEN** They're just as easy to use as baby wipes, but these tiny towelettes also

protect your family from sunburn. Supergoop! Sunscreen Swipes SPF 30+, \$12 for a pack of eight; supergoop.com **5 EASY ENHANCEMENT** In addition to soothing aloe, this moisturizer contains light-reflecting minerals that give your skin a sexy sheen. Hawaiian Tropic Shimmer Effect After Sun Moisturizer, \$8; ulta.com **6 AIR-RAISING FORMULA** You'll love how mousse-like new sunscreens are absorbed into your skin. Coppertone Oil Free Foaming Sunscreen Lotion SPF 75+, \$9; target.com **7 A PREEMPTIVE STRIKE ON SWEAT** An antiperspirant that starts to work as soon as you get moving, instead of when you're already sweating. Degree Women Expert Protection With motionSENSE, \$5; drugstore.com **8 PEDI PERFECT** Sally Hansen's new foot-care line delivers pro results for half the price. Cracked Heel Repair Creme, \$8; ulta.com and Prep Your Pedi Foot Smoother Kit (includes brush and callus buffer), \$8; target.com