

FEBRUARY 2009

People STYLE WATCH

GUILT-FREE TREATS
Under \$50



Cute Going-Out Tops

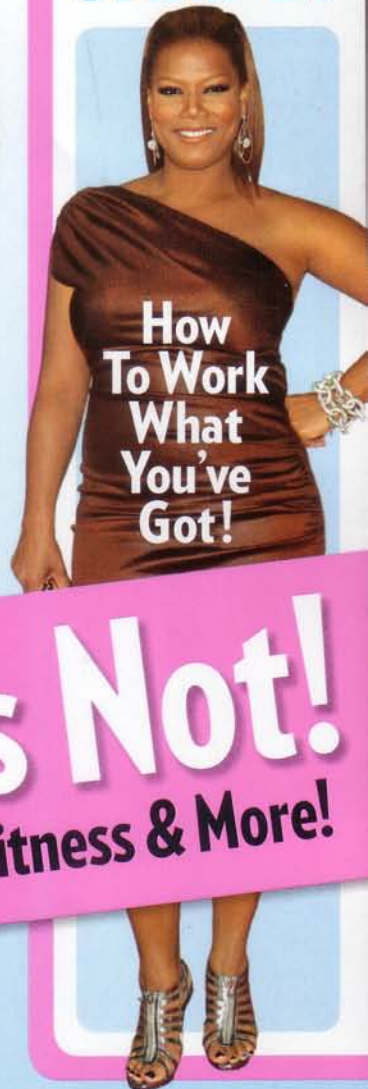
Jen!
Hotter Than Ever

SHOP SMART!
Great Deals Inside



Pretty Makeup

SEXY AT ANY SHAPE!



How To Work What You've Got!

What's Hot! What's Not!

Your Need-to-Know Guide to Fashion, Beauty, Fitness & More!

Plus! Your Skin Problems Solved

- Expert Tips
- New Products



Fun Heels

\$3.99US \$4.99CAN



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DISPLAY UNTIL February 16, 2009

Tackle ACNE

Wipe out spots and keep potential breakouts at bay

DIAGNOSE Acne can be genetic or triggered by hormones that cause the release of sticky oil, which clogs pores and leads to pimples, say Rodan and Fields.

TREAT To shrink a blemish once it's formed, choose drying potions with sulfur and kaolin to absorb excess oil.

PREVENT A proactive regimen includes gentle exfoliation with alpha and beta hydroxy acids or salicylic acid to unclog pores, a topical antibacterial treatment like benzoyl peroxide and oil-free moisturizer, says Ingleton.



Quick Fix!

A high concentration of bacteria-fighting benzoyl peroxide can swiftly reduce spot size.

- Clearasil Ultra Rapid Action Treatment Cream, \$9.99; at drugstores

Acne advice! Consistency counts

"The cycle of acne continues deep in the skin even after surface blemishes disappear. You must routinely use an effective treatment to prevent new pimples," say Rodan and Fields

ANTIBACTERIAL TREATMENT

Apply an acne-fighting solution to the entire face to treat existing pimples and suppress future ones from forming.

- MD Skincare by Dr. Dennis Gross All-Over Blemish Solution, \$84; mdskinicare.com

CLEANSER

Try a creamy wash to remove dirt and oil without drying or irritating skin.

- Clean & Clear Deep Action Cream Cleanser, \$4.29; at drugstores

BALANCING LOTION

For extra exfoliation after washing, swipe on a preparation designed to absorb excess oil, break down dead skin cells and soothe skin.

- Clinique Acne Solutions Clarifying Lotion, \$13.50; clinique.com

Super lightweight formula

EXFOLIATOR

Improve skin tone and texture with salicylic acid and soothing botanicals.

- Patricia Wexler M.D. Dermatology Acnescription Exfoliating Acne Cleanser, \$16; 800-756-5005; bathandbodyworks.com

MOISTURIZER

Choose a non-comedogenic, oil-free lotion to keep pores clear while boosting hydration.

- Proactiv Solution Green Tea Moisturizer, \$25; 800-950-4695; proactiv.com

MICRODERMABRASION

Deep-cleans and improves skin's texture and tone

IF YOU GO TO A PRO \$95-\$200 per treatment; a minimum of four are recommended, plus maintenance treatments.

THE CLAIM "It takes less than 10 minutes to produce softer, smoother, younger-looking skin at a fraction of the cost of professional treatments"

OUR VERDICT "I could really feel the crystals exfoliating my skin. It felt amazing! I'm pretty sure the procedure removed most of my blackheads."

—Amanda Lea Perez, associate photo editor

SAVE \$600!



- Crystalift Dermatologist Vacuum Microdermabrasion, \$199; crystalift.com